

Iris & Pupillary Signs, 2nd Edition

by John Andrews

Introduction

[Taken from *Iris & Pupillary Signs, 2nd Edition*, UK, 2004]

Welcome to the new, expanded and, I trust, improved 2nd edition of this instruction manual and reference source. I fully stand by what was written in the introduction to the inaugural edition. However, I am fully humbled by the response to the first edition I received in terms of appreciation for the information the pages contained, and the fact that many colleges around the world have reported using the material within it to relay a greater understanding of iris and pupillary signs to their students. Many esteemed colleagues have also emphasised that Iridology was in real need of an English language resource for a compendium of iris signs like this. I have endeavoured to consolidate that foundation and build upon what has gone before, to fully expand what has become affectionately as the "yellow book".

There are many great tomes in relation to iris signs and markings throughout the world; some of the best examples are in the German language, such as those by Dr Anton Markgraf, Josef Angerer and Joachim Broy of Munich. Most recently we have had the *Iridology 1 - Information From Structure & Colour* book in German and English by Hauser, Karl & Stolz. At a celebratory dinner for the speakers at a Bruxelles Iridology Conference in October, 2000 it was exciting to see Willy Hauser present the first copy of this book, and the awe amongst all attendees there, of seeing the clear and concise layout text and wonderful photographic images was evident. It was, and, still is a marvellous book for which I thought of then, and now, as deserving of *the* standard teaching Iridology text in the world.

In other parts of Europe such as Italy we have the iris signs compendiums of Siegfried Rizzi, Emilio Ratti and Dr Vincenzo Di Spazio. In Russia and the Ukraine we have the classic works by Dr Velchover of Moscow University and the works in the nineties by Drs Krivenko, Lisovenko, Potebnya & Syadro in Kiev. In relation to the Inner Pupillary Border, Dr Daniele Lo Rito has produced the first major work in the English language and compendium of IPB dynamics. Please see *Inner Pupillary Border*, Corona Books, 2001.

Also most recently we have been presented in the Italian language with the reference book from four cherished friends and colleagues: Dr Lucio Birello & Dr Daniele Lo Rito called *Manuale di Iridologia di Base*, which is the first text since the first edition of this book to truly integrate the physical & the emotional, in addition to this recent years have seen the publication in Italian *Iridologia: Dottrina e Pragmatismo* from Dr Salvatore Arcella in 1999 and *Manuale di Iridologia* by Dr Mikhail Dailakis from Greece in 2002.

I have referenced many of these authors and works, where I have tested their evidence and it has proved to be correct. I have also added my own interpretation of the iris and pupillary markings from research studies and clinical experience in regard to immunology, endocrinology, nutrition and psycho-emotional dynamics. This synthesis has hopefully produced an instruction manual and reference guide for not only the student of Iridology, but also the teacher and safe port-of-call for the Iridologist in the clinical setting. As all of us, at whatever level we feel we find ourselves, can always encounter the occasion when the overall meaning and possible differentiations of a pupillary dynamic, IPB morphology or lacuna structure elude us at certain times. With this second expanded edition help should always be at hand.

CDs in PowerPoint or AppleWorks, which feature numerous colour images, will be available for most chapters in this book to accompany my lectures over the coming year or two, in addition to ongoing research and findings covering iris and pupillary signs and markers, which will be made available in the *Advanced Iridology Research Journal* and can also be accessed in the future on the website - www.johnandrewsiridology.net.

Please enjoy the book and thanks yet again for reading, and, also, your participation in the exciting world of iris and pupillary analysis. I truly hope that this text helps to inspire your own research in this important field and enhances your clinical practice. Feedback is always appreciated.

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